

[View this email in your browser](#)



Dear ICAT Community,

We hope this message finds you well.

Welcome to our Summer ICAT Update. We are delighted to share highlights from across the programme, including fellow achievements, upcoming events, and developments within the ICAT network.

Our annual ICAT Retreat will take place on the 16th and 17th of November 2026, in Malahide, Co. Dublin. It's a great opportunity to hear about the research being conducted within ICAT, to meet our fellows and alumni, and members of the network. All are welcome and we warmly invite you to save the date.

As always, we are immensely grateful for your mentorship, enthusiasm, and commitment. The success and growth of the ICAT Programme and the achievements of our fellows would not be possible without your guidance and support.

Best wishes,
The ICAT Team



As part of the ICAT Celebration Event, we commissioned a series of three short videos showcasing the exciting research, innovation, and collaboration taking

place across the ICAT Programme. We are delighted to share these videos with the wider ICAT community, and they can now be viewed on the ICAT website.



[View the Research Impact Video Series](#)

News round-up

Dr Lisa Kiely was recently awarded the Professor Michael J O'Donnell Medal for best medical research in GUH for her presentation on Morphea in Ireland.

Dr Nick Stefanovic received the Burrows Cup for Best Scientific Research by the Irish Association of Dermatologists last week, for his presentation entitled *Characterising the Impact of Atopic Dermatitis on Bone Mineral Density: A Case-*

Dr Shahd Elamin and Dr Lisa Kiely were awarded prizes at the Irish Association of Dermatology (IAD) Autumn meeting in Johnstown Estate. Shahd was awarded the Dr Olivia Dolan Clinical Prize for *When Blood Isn't Enough: Tissue Sequencing Unlocks the Diagnosis of BRBNS*. Lisa was awarded the Roger's Plate for *Morphea in Ireland: Demographic Data from the IMAGINE Study*.

Control Study.

Dr Adam Dyer recently published the first results paper from his PhD: *Systemic inflammation, delirium and clinical progression in mild-moderate Alzheimer disease*, Dyer A et al., 2026. You can read the paper [here](#), and associated press releases: [HSE](#); [TUH](#).

Dr Brian O'Mahony won the IJPM John Dunne Medal at the joint Irish and Northern Irish Psychiatry conference, for *Clinical features of patients who are admitted under different criteria of the Irish Mental Health Act 2001: a retrospective cohort study*

Dr James Curneen received the British and Irish Hypertension Society Travel Award for an oral presentation of his work on Closed-Loop systems for blood pressure control.

Dr Louise Kelly received the Best Oral Presentation Award at the Irish Society of Clinical Microbiologists Autumn Meeting and was awarded the ESCMID European Society of Clinical Microbiology and Infectious Diseases Young Scientist Grant 2026, following nomination by the Irish Society of Clinical Microbiologists



Clockwise from top left: Dr Shahd Elamin and Dr Lisa Kiely received the Dr Olivia Dolan prize and the Roger's Plate, respectively, at the Irish Association of Dermatology Autumn Meeting. Dr Brian O'Mahony was awarded the Irish Journal of Psychological Medicine John Dunne Medal at the joint College of Psychiatrists of Ireland and Royal College of Psychiatrists, Northern Ireland, Winter Conference. Dr Lisa Kiely received the Professor Michael J O'Donnell Medal for best medical research at Galway University Hospital. Lisa is pictured with Prof. Mary Laing, Consultant Dermatologist, and Dr Róisín McDonnell, Dermatology SHO. Dr Nicholas Stefanovic was awarded the Burrows Cup for Best Scientific Research by



Many congratulations to our recent graduates!

Dr Georgia Richard recently defended her PhD *viva* at TCD. Georgia's PhD focused on the impact of chronic social stress from long-term homelessness on cognitive impairment. Georgia completed her PhD in TCD under the supervision of Professor Cliona Ní Cheallaigh, and supported by a supervisory team across TCD, UCD and UCL. You can read more about Georgia's work [here](#)

Dr Louise Rabbitt completed her PhD on the psychosocial patient characteristics associated with anti-hypertensive non-adherence, and the economic burden and patient cost, under the supervision of Professor Conall Dennewy, with support from a supervisory team across TCD, the University of Galway, and the University of Manchester. You can read more about Louise's work [here](#)

Dr Katie Ridge's PhD project focused on sex differences in Chronic Spontaneous Urticaria and Angiodema. Katie carried out her PhD in TCD under the supervision of Dr Niall Conlon and Professor Cliona O'Farrelly. You can read some of Katie's publications [here](#), and an article on her research published by TCD [here](#).

Dr Maria Tomkins completed her PhD at RCSI, under the supervision of Professor Mark Sherlock and Professor Conall O'Seaghdha. Maria's PhD investigated corticosteroid metabolomics in chronic kidney disease, and you can read more about her research [here](#). Maria has been awarded a Chain Florey Early Consolidator Postdoctoral Fellowship with Imperial College London, and will undertake research in the Laboratory of Medical Sciences in Hammersmith.

Dr Mark Kelly completed his PhD at RCSI, investigating the utility of biomarkers to predict and monitor outcomes in autoimmune

encephalitis. Mark was supervised by Professor Norman Delanty, and supported by a supervisory team across RCSI and the University of Oxford. You can read more about Mark's research [here](#). Mark will commence an Autoimmune Neurology Fellowship in the Mayo Clinic this month.

Dr Ciara McNevin completed her PhD under the supervision of Professor Stephen Finn at TCD, supported by a multi-disciplinary supervisory team across UCD, TCD, and the University of Galway. Ciara's PhD project focused on identifying novel mechanisms of acquired resistance in ovarian cancers. You can read about some of Ciara's research [here](#).

Dr Kiran Reddy completed his PhD at QUB, under the supervision of Professor Danny McAuley, Professor Cecilia O'Kane (QUB), and Professor Carolyn Calfee (UCSF). His PhD focused on critical care subphenotypes of acute respiratory distress syndrome. Kiran recently published some results from his PhD: '*Bedside identification of subphenotypes in acute respiratory failure (PHIND): a multicentre, observational cohort study*', [Reddy K et al., 2026](#). You can read more about Kiran's research [here](#). Kiran is currently a Fellow in Intensive Care Medicine at the Mater Misericordiae University Hospital, and a Clinical Research Fellow in Intensive Care Medicine at QUB.

Dr Michael Gilligan completed his PhD under the supervision of Professor Chris McGuigan, UCD, and Professor Andrew McKeown, Mayo Clinic. Michael's PhD aimed to characterise and deep phenotype novel biomarkers of seronegative autoimmune encephalitis. You can read about Michael's research [here](#).

Dr Catriona Reddin completed her PhD evaluating the association between dietary factors (particularly sodium intake) with the risk of falls in elderly people. Catriona was supervised by Professor Martin O'Donnell at the University of Galway, and supported by a supervisory team across the University of Galway, QUB and TCD. Catriona is currently completing a Stroke Neurology Fellowship in Toronto. You can read more about Catriona's research [here](#).



Copyright © 2026 Irish Clinical Academic Training (ICAT) Programme, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

